



### EVENT TIMETABLE:

6:00-7:15am	Check-In
6:00-7:15am	Late Entries Accepted (if fields are not full)
7:20am	Event Briefing
7:30am	Event Start
9:30am*	Random Draws

\*Approximate time only. Random draws will commence immediately after all children have finished

**Swim Course:**  
11-13yrs: 200m  
7-10yrs: 100m  
Special Tri: 100m

**Cycle Course:**  
11-13yrs: 2 laps, 5km  
7-10yrs: 1 lap, 3km  
Special Tri: 1 lap, 3km  
*Turnaround at Fire Station*

**Run Course:**  
11-13 yrs: 2 Laps, 900m  
7-10yrs: 1 Lap, 500m  
Special Tri: 1 lap, 500m