

**MEDIA RELEASE**  
*for immediate release*  
Wednesday 15 November 2006



## **GATORADE QUEENSLAND TRI SERIES HITS THE GOLD COAST**

On Sunday 19 November nearly 1200 athletes will line up to take part in the second race of the Gatorade Queensland Tri Series at Robina.

Winner of race one, Jason Crowther and defending series champion will be hard to beat in the open division.

Former Brisbane Bronco's forward and Australian Test player throughout the '90's, Glenn Lazarus will tackle a 400m swim, 15km cycle and 4km run in the Clydesdale Category (100kg).

Also joining in the fun on Sunday will be the Teveluwe family from Canungra - parents Tracey and Peter together with kids Adrian, Chelsea and Kelli.

Besides a strong contingent of local athletes competing, a big number will also travel from Brisbane and regional areas.

Athletes will have the chance to compete at the popular venue at Robina Parkway (cnr Robina Parkway and Boowaggan Road), Australia's leading supersprint triathlon course. Athletes will tackle a 400m swim in a clean fresh water lake, followed by a 15km (3 laps) cycle on a flat, fast course enjoying total road closure then a 4km (2 laps) run.

The day also includes the LOOK Enticer Triathlon the ideal distance for the novice to compete individually, be part of a team or just a fun way to spend a Sunday - 200m swim, 10km cycle and 2km run. The program again will cater for the kids - Kool Kids, with achievable short distances that any child could manage making it a fun experience - 100m swim, 2km cycle and 400m run.

The Gatorade Queensland Tri Series caters for athletes of all ages and abilities and this year introduce the Gatorade Tri Training Clinics, held on the Saturday prior to each race. The clinics are designed to familiarise first time competitors with what to expect and for those who have completed a few triathlons and want a few more tips and progress to the next level. For more information or bookings check the website.

Other new initiatives for this season include series merchandise from Scody, the chance to trial your foot in a Nike shoe at any race and the Regatta end of season Tri Party on Sunday 22 April at the Regatta Hotel.

Late entries will be taken on Sunday morning from 5:30am.

### **Race Day Schedule**

5:30am Registration/Transition opens (cycle check in, numbering)  
6:30am Registration Closes

6:45am Kool Kids Start  
6:55am LOOK Enticer Start  
7:05am QTS Triathlon Start

### The Program

Race 2 19 November - Robina  
Race 3 17 December - Raby Bay  
Race 4 21 January - Robina  
Race 5 11 February - Caloundra  
Race 6 22 April - Raby Bay

Get into the fun of it this summer. Entries and detailed information available at [www.usmevents.com.au](http://www.usmevents.com.au) or for other enquiries phone (07) 5449 0711.



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